



Natural Flair Coaching Ltd
In Partnership with
ASPECTS Family Support Service



“Don’t Shout At Me”

For parents and carers of children aged 5-13

This session is delivered using zoom



Topics covered include:

- **Fed Up With Shouting?**
- **Are you constantly repeating yourself?**
- **Getting into constant power struggles with your child?**
- **Do you want tips and strategies to deal with angry children?**
- **Want to know how to model and teach safe ways of expressing anger**

Venue: Log on to this virtual workshop in the comfort of your own home using zoom video conferencing

Date: Wednesday 21st October

Time: 9.30am—11.30am

Price: £5.00 payable by BACS
(concessions available)



**For further information and to book
please email**

admin@aspects.org.uk

Or call Jo on 01279 758134

WWW.ASPECTS.ORG.UK